



WITNEY HOCKEY CLUB



Witney Hockey Club

www.witneyhockeyclub.co.uk

YOUNG PERSON'S GUIDE

What can I expect from Witney Hockey Club?

Witney Hockey Club have:

A membership scheme

This will be explained to you when you arrive at the club.

You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information.

Qualified coaches

The coaches understand and know how to help you play the best hockey you can.

Volunteers

Any adult working within the club will have been on training to ensure they know how to support and look after you.

The club will have a First Aider, Team Managers, and a Welfare Officer. Make sure you know who these people are and introduce yourself to them.

Rules

The game of hockey has rules, which you will learn as you play.

The club has rules, which you will also learn. For example, one rule is that junior members are not allowed to smoke. These rules are there for your safety and are not to be broken.

Opportunities for you to play

There will be teams and squads of boys and girls your own age. You will get to know them and learn how to play hockey with them.

Matches and competitions

There will be a chance for you to train and play in your club team against other clubs.

Anti-bullying policy

This clearly states how the club will deal with any situations of bullying, either adult to young person or young person to young person.

Safeguarding and Protecting Young People Policies and Procedures

These provide the club with ways of ensuring that you are safe and enjoy your hockey.

Codes of Conduct and Behaviour

These clearly state how members must act towards you and support you. This includes coaches, volunteers, officials, and parents.

What does Witney Hockey Club expect from me?

Club Rules

Witney Hockey Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Richard Young, Club Chairman

As a member of Witney Hockey Club you are expected to abide by the following junior club rules:

- All members must play within the rules and respect officials and their decisions
- All members must respect opponents
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late
- Members should register with the coach as soon as they arrive
- Members must wear suitable kit – shinpads, mouthguards and appropriate footwear and warm clothing – for training and match sessions, as agreed with the coach/team manager. It is always helpful to bring bottled water to keep hydrated
- Members must pay any fees for training or events promptly
- Members must take care of their club environment. Use litter bins provided and leave belongings safely and tidily
- Members must return all borrowed kit
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club
- Members must follow going home procedure for their age group

Junior Discipline Procedure

In the unlikely event that junior members persistently ignore the Junior Club Rules, the club will take action using a three stage procedure. The starting point will depend on the seriousness of the misconduct.

STAGE 1

We will first discuss with you and your parents/guardians what aspect of your behaviour we would like you to improve.

STAGE 2

If the misconduct continues, or for more serious matters, we will issue a written warning, again explaining the problem and what we would like you to do about it.

STAGE 3

If there is still no improvement, or for very serious matters (gross misconduct), we will ask you and your parents/guardians to attend a meeting in front of the club's disciplinary panel. Examples of gross misconduct include: persistent misconduct, fighting, verbally or physically abusing other players, coaches or match officials or a red card offence during a match.

Don't keep it to yourself!

You have the right to:

- Have fun when playing hockey
- Be safe when playing hockey
- Enjoy your hockey
- Make friends through hockey
- Be treated with respect by adults and other young people involved in hockey

Are you worried?

- My coach is bullying me
- Another adult at hockey is bullying me
- Another member of my team is bullying me
- One of the coaches or volunteers is threatening me
- An adult is making me do things which I know are wrong
- Someone is touching me and making me feel uncomfortable
- Someone is constantly teasing me, shouting at me or kicking and punching me
- Someone is making suggestive remarks or asking me to do things of a sexual nature
- Someone is acting in a way which makes me feel lonely, upset, unsafe or embarrassed

If the answer is YES - Don't keep it to yourself – ask for help.

Who can I talk to?

Talk to your Welfare Officers

Beth Noton

Mobile: 07717893643

Email: bethnoton1998@icloud.com

Jude Taylor

Mobile:07940704895

Email: judeataylor@outlook.com

It can sometimes be difficult to speak to an adult about how you are feeling.

- You might think that an adult will not understand
THEY WILL LISTEN
- You may think that they will not believe you
THEY WILL BELIEVE YOU
- You may be scared that they will tell other people who you do not want to know
THEY WILL ONLY TELL SOMOENE WHO CAN HELP
- You might think they have not got time to talk to you
THEY WILL ALWAYS MAKE TIME TO TALK

It's better to talk to someone

- Ignoring your worries or concerns could make them worse
- Talking to someone will begin to tackle your worries and concerns
- You only have to share information that you want to share
- Telling someone will begin to help you

What will happen if I talk to someone?

Your Welfare Officer will know what to do and how to help. They will be able to ensure that you are safe, and they will believe you.

There are policies and procedures which they will use. These provide information on who to contact, how to contact them and what they can do to help.

Confidentiality

The Welfare Officer cannot promise to keep the information you share a secret. However, they do have to keep it CONFIDENTIAL. This means that they will have to tell only the person/people who can help.

When you are talking to the Welfare Officer, ask them to explain who they need to speak to and why.

They may say one of the following:

England Hockey Lead Child Welfare Officer

They will know what to do if the behaviour of adult(s) towards you is upsetting you.

Talking to this person will begin to help the situation and ensure you can play hockey in a happy and safe environment.

Social Services or the Police in an emergency

Social Services or the police will be called if the Welfare Officer thinks you may come to more harm or are in danger. This is to help you and ensure you are safe.

Remember, your Child Welfare Officers are Beth Noton and Jude Taylor.

Alternative sources of help, advice and support

NSPCC	0808 800 5000	www.thereforeme.com	Support and advice for 12–16 year
Childline	0800 1111	www.childline.org.uk	Free helpline for children and young people
Kidscape	0207 730 3300	www.kidscape.org.uk	Support on bullying

Junior Training Bad Weather Arrangements

In case of bad weather please see our social media and website <https://www.witneyhockeyclub.co.uk/>

For matches please contact your coach/team manager